#### Patient Name

Physician

Procedure Date/Arrival Time

Procedure Time

Location:

Sparrow Hospital
1215 E. Michigan Ave, Lansing

#### As of 07/19/2021 MGI & CCS will implement a change to the cancelation policy for procedures.

- $\sim$  No fee will be assessed for 3 business days from the point of scheduling.
- $\sim$  Reschedules that occur outside the 3 day window will be charged a \$50 fee
- $\sim$  Cancellations that occur outside the 3 day window will be charged a \$100 fee
- ~Reschedule and cancellation fees must be paid prior to future scheduling.

#### **Results and Follow Up**

- Please go home and rest for the remainder of the day. Do not drive or work for the rest of the day.
- Your physician will discuss test results with you and your family member following the procedure.
- You will be given written instructions for diet, activity, and follow up instructions.
- If biopsies were taken, a results letter will be sent through our patient portal. If you are not a member of Follow My Heath, the letter will be mailed within 14 days of your procedure.

### **Important Driving Instructions**

You <u>must</u> have an adult 18 years or older remain with you during the procedure and drive you home afterward. Your procedure will be cancelled if you fail to meet these requirements.

You <u>may not</u> resume driving or operate any heavy machinery for the remainder of the day.

### **Billing Procedure**

There may be up to four charges associated with your procedure (Physician, Hospital/Facility, Anesthesia, and Lab). Please verify with your insurance carrier your benefit coverage for each.

\*\*Please be sure you bring your picture ID and insurance cards with you to the facility the day of the procedure. Failure to do so will result in cancellation of your procedure.\*\*

# **Digestive Health Institute**



### ENDOSCOPIC ULTRASOUND PREPARATION

Board Certified Gastroenterologists

Iftiker Ahmad, M.D. Oussama Al Sawas, M.D. Radoslav Coleski, M.D. Dorian Jones, M.D. Scott Plaehn, D.O. Robert Rose, D.O. Albert Ross, M.D. Dana Stewart, D.O. John Walling Jr., D.O. Siaka Yusuf, M.D.

Board Certified Colorectal Surgeons

Daniel C. Coffey, M.D. Lucas Julien, M.D. Razvan Opreanu, M.D.

If you have questions, please		
contact		at
(517) 332-1200	ext	

For more information visit our website <u>www.michigangastro.com</u> www.capitolcolon.com

## <u>EUS</u>

Endoscopic Ultrasound is a specialized technique using sound waves to evaluate the walls of your esophagus, stomach, and duodenum. It can also be used to study the internal organs such as the pancreas and lymph nodes that lie next to the intestinal tract. Information obtained during this test may be used to diagnose and stage tumors. With accurate staging, appropriate treatment can be given.

The principle risks of EUS are the remote possibility of infection, perforation and bleeding. Most complications are self-limiting and are treated supportively. In some cases, intravenous antibiotics may be administered to reduce the risk of infection. Occasionally surgery is necessary to treat a complication. Rarely, death from a complication has been reported.

EUS requires intravenous sedation. The administering physician will discuss the risks of sedation with you at the facility.

### **Medication**

If you are taking blood thinners, Aggrenox, Plavix, Pletal, Xarelto, Brilinta, Lovenox, Ticlid, Coumadin, Trental, Persantine, Effient, Pradaxa, Heparin, or Fragmin please be certain you have notified the scheduler.

You must discontinue any diet medication 1 week prior to your procedure

## <u>Labs</u>

In certain cases blood work may be needed.

- You were given a requisition for your blood work. Please have drawn at any **Sparrow** affiliated laboratory at least 2 days before your procedure.
  - \_\_\_\_ You do not need blood work at this time.

NOTE: Female patients of menstruating years will be required to provide a urine specimen when you arrive to the hospital/facility.

## **Day of Examination**

#### 1. No solid foods after midnight.

2. You may only have clear liquids the day of your test (no Ensure this day) to complete your prep.

3. NOTHING else by mouth for 6 hours prior to your procedure. No water, food, gum mints, hard candy, Ensure, chewing tobacco. Failure to do so will result in the cancellation of your procedure.

4. Take your heart, blood pressure, seizure, respiratory, anti-rejection or anti-anxiety medications, or inhalers at 6:00 AM with a small sip of water.

5. **Diabetics:** If able, please check your blood sugar and take this information with you to the hospital. **Do not take your diabetic pills. Bring all of your insulin with you to the procedure.**